

Waiver and Release of all Claims

Declaration:

Helping Paws reserves the right in the event of an emergency or natural disaster to cancel the race or to start at a later time. In the event of cancellation, there will be no refund of registration fees.

Release Form:

I know that running and/or walking a race is a potentially hazardous activity. In signing this waiver, I declare that I am medically fit enough to participate in the event and that I enter at my own risk. I agree to abide by the decision of a race official relative to my ability to safely complete the course. I assume all risks associated in running and/or walking this event. Having read this waiver and knowing these facts and inconsideration of this entry, I hereby for myself, heirs, executors, and administrators waive any and all claims I may have against Helping Paws, the organizers, sponsors, and all individuals associated with the event, their representatives and successors, and assigns for any and all known or unknown, foreseen and unforeseen, bodily and personal injury, damage to property and the consequences thereof in connection with this event including pre and post race activities.

Signature: _____

Date _____

Print Name: _____

Signature of parent/guardian if under 18:

_____ Date _____

Special Note to Participants:

Although the proceeds from this race will benefit the dogs and cats of Helping Paws, for the safety of everyone, there will be no pets allowed on any of the race paths. However, leashed, up-to-date on shots pets are welcome at the park as a spectator with their humans. Please be courteous and clean up after your pets!

Course Info:

Both the 5k run/walk and the 1 Mile Fun Run will take place at Lippold Park on a scenic path of crushed limestone. The course is flat throughout. Both races will start and end near the baseball pavilion in the northeast section of the park.

Directions to Lippold Park:

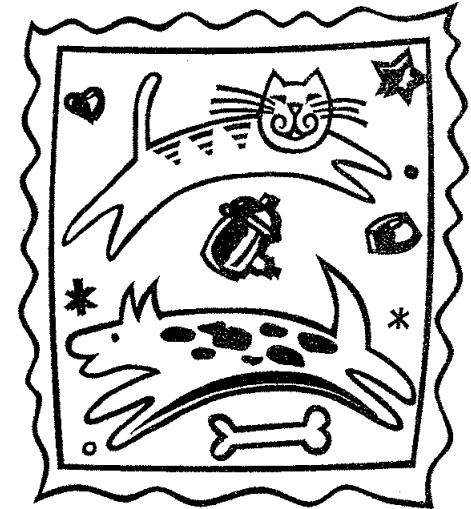
From Chicago: Take I-90 north to Randall Road. Randall Road to McHenry Ave & turn left. McHenry Ave to RT. 14 & turn left. Rt. 14 to Terra Cotta/RT. 176 & turn left. Drive approx. ¼ mile to the first entrance of Lippold Park.

From the South: Take RT. 47 to Algonquin Rd./RT. 62 & turn right. Algonquin Rd./RT. 62 to Randall Road & turn right. Then follow directions above.

From North: Take RT. 31 south to RT. 176. Drive approx. 3 miles and turn left into the first entrance to Lippold Park.

From the West: Take RT. 176 east. Park is on the south side of RT. 176 approx. ¼ mile before RT. 14.

4th Annual Panting for Paws



5K Run/Walk

Benefiting:



Helping Paws
Animal Welfare Association

Sunday, November 14th

Lippold Park in Crystal Lake
851 W. Terra Cotta (Rt. 176)

www.helpingpaws.net
(815) 338-4400

The Helping Paws Story

Fox Valley Helping Paws Animal Welfare Association, a non-profit 501 (c) 3 organization, established a foster program in 1969 which rehomed orphaned animals into permanent, loving homes. Helping Paws incorporated as the first no-kill animal welfare association in McHenry County in 1971. The foster program outgrew its first facility and in 1995, Helping Paws moved to a new facility in Ridgefield. This facility, however, only had room to house cats. So, in 1998, Helping Paws again moved to a larger facility in Crystal Lake. The shelter's success in saving abandoned animals in McHenry County quickly outgrew the Crystal Lake facility, and in 2006, Helping Paws moved to a much larger facility with room for many more animals.



**The orphans at Helping Paws
Thank you!**

Information

Early Registration:

NOW – November 1st

Fees:

**\$25 for 5K Run/Walk
\$10 for 1 Mile Fun Run**

Fees After November 1st:
**\$30 for 5K Run/Walk
\$10 for 1 Mile Fun Run**

Packet Pick Up:

**November 13th, 12PM-4PM
@ Helping Paws
2500 Harding Lane
Woodstock, IL 60098
815-338-4400**

Race Day Registration and Packet Pick Up:
7:00-8:30am @ Lippold Park

Race Times:

**1 Mile Fun Run: 8:30am
5K Run/Walk: 9:00am
(following fun run)**

**Participants 13 or younger must be accompanied
by an adult**

Awards:

- 🐾 **T-Shirts will be given to all early registrants**
- 🐾 **T-Shirts will be given to those who register after November 1st while supplies last**
- 🐾 **Awards for overall top male & female, and top three for each age group. Overall winners will not win age group award**
- 🐾 **Awards will be given out at an awards ceremony by the pavilion after the race**

Sign-up Form

	<i>Time</i>	<i>Price</i>
<input type="checkbox"/> 1 Mile Fun Run	8:30am	\$10.00
<input type="checkbox"/> 5K Run/Walk (on or prior to November 1 st)	9:00am	\$25.00
<input type="checkbox"/> 5K Run/Walk (after November 1 st)	9:00am	\$30.00
<input type="checkbox"/> Additional Donation	N/A	\$ _____
<input type="checkbox"/> Donation in Lieu of Participation	N/A	\$ _____

Adult T-Shirt Size: S M L XL XXL

Child T-Shirt Size: S M

Name: _____

DOB: _____ **Age on Race Day:** _____

Phone: _____

Address: _____

Email: _____

Method of Payment: (Cash in person only)

Check Credit Card

Card Number _____

Exp Date ____/____ 3-Digit Code _____

**Please make all checks payable to Helping Paws
Mail Registration Form and Payment to:**

**Helping Paws
2500 Harding Lane
Woodstock, IL 60098**

**Or register securely online at:
www.helpingpaws.net
or
www.signmeup.com/71980**